

Stroke
Aotearoa NZ

Always be there for stroke survivors...

Nothing can prepare you for life after a stroke. Whether it's you or a loved one who experiences it, life changes. There can be anger, frustration, a sense of unfairness and isolation. But whānau and the love you share transcend everything.

You give your all to care for your own. You're always there. And though life can be hard, you help each other through.

You live. And you squeeze every last possible drop of joy out of the time with which you are blessed, making beautiful and meaningful new memories every day.

Through thick and thin, no matter what, you're always there for the ones you love. And they're always there for you. And with a gift to Stroke Aotearoa New Zealand in your will, those values of family, loyalty and caring for one another can live on as your lasting legacy.




a gift to Stroke Aotearoa in your will

You've been there for people like Rex...

Rex's stroke hasn't stopped him from living an amazing life full of love and adventure, largely thanks to care he's received from the people in his life. Rex wants everyone affected by stroke to have that same kind of support, which is why he's leaving a gift to Stroke Aotearoa in his will.

"Stroke has been part of my life from a very young age. I was only three years old when I had a stroke as the result of a car accident. I was in a coma for close to two months and had a long journey of rehabilitation.

I am so grateful to all the amazing people who helped so much in my recovery and continue to support me to live my best life. One of these is Stroke Aotearoa.

Many of my friends and family have also been affected by stroke, including my own mother. And I know many wonderful people who have not been able to return to their normal lives after a stroke, so I want to leave a legacy that gives everyone the chance to have a strong recovery."

Whether it happens to you, a loved one, or someone else you know, almost everyone in New Zealand will be affected in some way by a stroke or a Transient Ischaemic Attack. And people like Rex, and you, will always be there for them, through the gifts you leave to Stroke Aotearoa in your will.



Photos, left to right: (1) Rex with his brother, Terry. Rex rode his bike to school to exercise his leg. (2) Rex with his father at his 21st in 1976. (3) Returning from 1st overseas trip in 1983. (4) Rex with his great niece in 2015. (5) Rex at his home recently.







"I want to give everyone the chance to have a strong recovery"

...and you can be there for others who need you.

Take a look at the lasting difference you can make in the lives of people affected by stroke by leaving a gift to Stroke Aotearoa in your will.

Prevention & Education

No one is more invested in stroke prevention than us, and we simply cannot do this work without caring people like you.

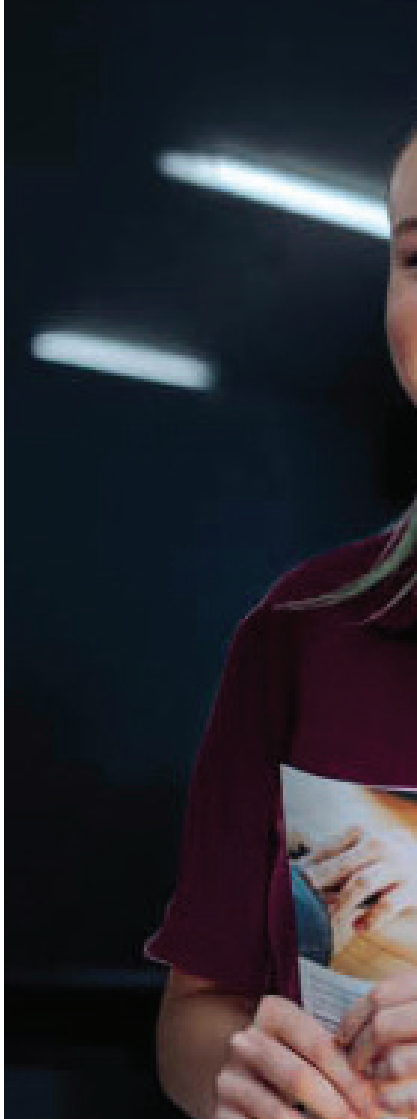
Every day, we are in the community with our sleeves rolled up, talking directly to people who are at risk of stroke. Through a lasting gift in your will, you can ensure we continue giving the support and expert advice people need to tackle those risks for years to come. Your support will also help us to continue running public awareness and education campaigns.

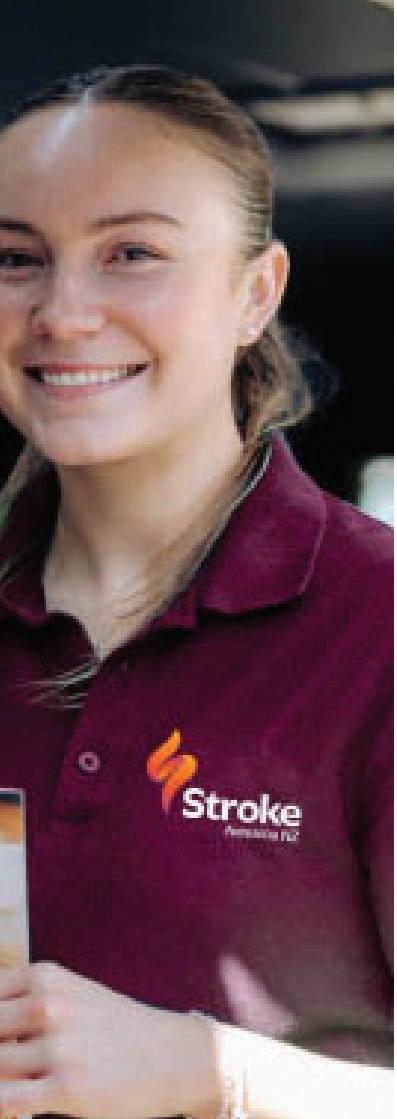


Recovery & Support

Over the last 40 years, Stroke Aotearoa has been there for over 100,000 stroke survivors and whānau on their journey to recovery, thanks to supporters like you.

From the free 0800 STROKE helpline, to an amazing nationwide network of Community Stroke Navigators, to a





comprehensive range of life-after-stroke support services, your legacy can be one of profound and lasting care to all people impacted by stroke. The gift you leave will live on in the hearts of so many, providing them with the practical, life-enhancing support and advice they need to thrive.

Advocacy & Change

After a stroke, many survivors are faced with the challenge of navigating a complex health and disability system. We know that stroke survivors deserve better – and with your support, we can transform the future for people affected by stroke.

Our vision is a health and disability system that provides excellent, evidence-based support to all stroke survivors. A system where everyone can easily access clinical support, rehabilitation and community care. A system that recognises the growing need for stroke services and prioritises them. Your lasting gift will make this vision a reality.

Our promises to you

1. We promise to respect that your family, your loved ones, and your wishes, always come first.
2. We promise to use your legacy effectively and efficiently to the maximum benefit of people affected by stroke.
3. We promise to let you know how your lasting gift will be used and to answer any questions you may have.
4. We promise to treat anything you share with us as private and confidential.
5. We promise to respect your right to change your mind at any time.

And we'd love to say thank you!

If you are planning on including Stroke Aotearoa in your will, or have done so already, we'd be delighted to know so that we can thank you properly.

Always be there

for stroke survivors with a gift to Stroke Aotearoa New Zealand in your will

For more information, or to discuss your planned giving in confidence, please contact our Relationship Manager, Jo Prestwood.

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Stroke
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